

Glow Up Time – Stage 3

50 Minutes

Professional Treatment Protocol – Stage 3

Stage 3 culminates our **SKNditioning** process by incorporating Dermodality's Intense Cascade 20/20. This high-performance retinol treatment significantly reduces the appearance of fine lines and wrinkles, improves skin texture, and strengthens the skin barrier, preparing it for more advanced treatments. **A minimum of two treatments is recommended, with the option for continued sessions as needed to achieve optimal results.*

Step 1 | Pre-Cleanse

Cleanse face, neck, and décolleté with **Foaming Cream Cleanser**. Remove with sponges or cotton pads. Can also be used to remove eye makeup. *Perform skin analysis.*

Step 2 | Cleanse

Cleanse face, neck, and décolleté with **Mandelic & Green Tea Cleanser** under steam. Remove with sponges or cotton pads.

Step 3 | Prep Skin

Prep Skin with **Dermodality's Peel Prep Pads**. Apply petrolatum lightly to any areas of the face that need protection (cuts, abrasions, moles, tattoos, corners of nose and mouth, etc.).

Step 4 | Exfoliation

Apply 1cc (1/10 tsp) of **Mandelic+ Hybrid AHA Peel** to face, neck, and décolleté using a fan brush. Apply in the following order: forehead, chin, facial perimeter, cheeks, nose, temples, and around the eyes. Leave on for 3-7 minutes depending on sensitivity. Use a fan for client comfort. **Monitor skin for erythema (redness); If the client experiences extreme discomfort, remove the peel immediately with cool towels.* Note: Some sensitivity is normal during a chemical peel.

Step 5 | Accelerator

Measure ½ tbsp of **Pumpkin Peel 30** into a bowl and using a fan brush, apply peel directly over **Mandelic+ Hybrid AHA Peel** in the following order: forehead, chin, facial perimeter, cheeks, nose, temples, and around the eyes. Use a fan for client comfort. Leave on for no more than an additional 7 minutes.

Step 6 | Massage

During step 5, massage hands and arms with **Dermodality's Massage Cream**.

Step 7 | Remove

Lightly mist skin with **Mandelic Toner** or plain water to remoisten Pumpkin Peel. Use a cool damp cloth, sponges or 4X4's to completely remove product.

Step 8 | Mask

Mix **Dermodality's Seaweed Mask** with water, 10 drops of Blending Oil, and 3 drops of Ignite; leave on 8-10 minutes. Remove with cool towels and cotton pads. Optional: *massage neck and shoulders.*

Step 9 | Booster

Apply 1-3 pumps of **Intense Cascade 20/20** to face, neck and décolleté.

Note: Dermodality home care products are essential for optimal SKNditioning results. We cannot guarantee program success without consistent use of our recommended regimen.