

TLC Time – Stage 1

50 Minutes

Professional Treatment Protocol – Stage 1

SKNditioning is a foundational treatment series that strengthens and prepares the skin's barrier function, enabling it to better tolerate more advanced facial procedures. Stage 1 introduces gentle exfoliation using AHAs while simultaneously hydrating and protecting the skin, resulting in improved skin health and enhanced treatment receptivity. **Optimal results require a minimum of two treatments with the option for continued sessions.*

Step 1 Pre-Cleanse	Cleanse face, neck, and décolleté with Foaming Cream Cleanser . Remove with sponges or cotton pads. Can also be used to remove eye makeup. <i>Perform skin analysis.</i>
Step 2 Cleanse	Cleanse face, neck, and décolleté with Mandelic & Green Tea Cleanser under steam. Remove with sponges or cotton pads.
Step 3 Prep Skin	Prep Skin with Dermodality's Peel Prep Pads . Apply petrolatum lightly to any areas of the face that need protection (cuts, abrasions, moles, tattoos, corners of nose and mouth, etc.).
Step 4 Exfoliation	Apply 1cc (1/10 tsp) of Mandelic+ Hybrid AHA Peel to face, neck, and décolleté using a fan brush. Apply in the following order: forehead, chin, facial perimeter, cheeks, nose, temples, and around the eyes. Leave on for 3-7 minutes depending on sensitivity. Use a fan for client comfort. <i>*Monitor skin for erythema (redness): If the client experiences extreme discomfort, remove the peel immediately with cool towels.</i> Note: Some sensitivity is normal during a chemical peel.
Step 5 Massage (Optional)	During step 4, massage hands and arms with Dermodality's Massage Cream .
Step 6 Remove	Use cool towels, sponges, or cotton pads to remove peel.
Step 7 Mask	Apply Gel Mask with fan brush or fingertips; leave on 8-10 minutes. Remove with cool towels, sponges, or cotton pads. <i>Optional: massage neck and shoulders.</i>
Step 8 Serums	Press 1-2 pumps of Hyaluronic Pro firmly to face, neck, and décolleté.
Step 9 Moisturizer	Apply 2-3 pumps of Moisture Soothe Plus to face, neck, and décolleté.
Step 10 Finish	Finish with an application of Restore Eye Cream to the eye area and SunMoist SPF 30 to face, neck, and décolleté.

Note: Dermodality home care products are essential for optimal SKNditioning results. We cannot guarantee program success without consistent use of our recommended regimen.