

Basic Peel Guidelines

Our peel system is designed for customization dependent on the individual's Fitzpatrick level. Our proprietary process of skin-conditioning is the art of prepping the skin by gradually introducing it to inflammation through our BASE1 peels, active skin-conditioning home care products, tyrosinase inhibitors to stabilize melanin, and anti-inflammatory ingredients to ultimately allow all Fitzpatricks to tolerate our more advanced treatment protocols. *Please read through our peel descriptions and/or scroll down until you find the protocol you are looking for. *Identify which peel you have by description located on the bottle.

Our system includes BASE1 peels, BASE2 peels, Pumpkin Accelerator and Retinol POWER Boosters

BASE1 Peels: AHA, water-soluble, hybrid formulas for both skin-conditioning as well as corrective maintenance (BASE1 PEELS = MANDELIC +, C: VITALITY, INTENSIVE BRIGHTENING)

Indicating Peel: Always the first layer. The BASE1 peel will tell you the state/health of the skin and if you should proceed with more acid layers.

Skin-Conditioning: The customized preparatory treatment plan + individualized home care regimen to train the skin for deeper in-office chemical peel treatments when intensive repair is required as well as improves the skin's ability to tolerate higher (and therefore more therapeutic and more effective) dosages of key active ingredients such as retinol. Conditioning the skin is essential not only for highly intensive chemical peel prep, but also for long-term benefits of collagen production and stimulation with the higher doses of retinoids in our home care products as general long-term maintenance.

Corrective Maintenance: products, protocols and in-office treatments that work in tandem to correct and repair various skin conditions/ailments as well as long-term maintenance of achieved results from the previously mentioned homecare/treatments. Correction for mild-to-moderate acne, rosacea, uneven skin tone, hyperpigmentation and mild-to-moderate melasma, mild-moderate signs of aging, etc.

BASE2 Peels: SELF-NEUTRALIZING "BHA" Salicylic, Jessner and TCA, fat-soluble, water/alcohol-based pure hybrid formulas for intensive corrective repair for various skin ailments (BASE2 PEELS= BLEMISH20, MODIFIED JESSNER, JESSNER, TCA10, TCA15)

Corrective Repair: intensive in-office individualized hybrid chemical peel protocols designed to repair and correct stubborn skin conditions such as acne, hyperpigmentation and uneven skin tone, moderate to severe melasma, acne, aging, etc.

1. BASE2 peels require at least one BASE1 in-office treatment (follow skin-conditioning chart) plus a minimum of one of our targeted treatment skin-conditioning serums (Dermodality retinol product is required) before "graduating" to the more intensive protocol.

Accelerator: (ACCELERATOR= PUMPKIN PEEL)

1. Pumpkin Multi-Fruit Enzyme: Key ingredient = Bilberry extract. Bilberry benefits:

- ▶ Vasodilator which allows for deeper product penetration.
- ▶ Assists in the supply of oxygen-rich blood flow that hits every layer of the skin allowing for deeper absorption of vital nutrients, vitamins and minerals.
- ▶ Helps maintain skin's elasticity as well as a healthy oil-moisture balance to the skin barrier.
- ▶ Can reverse and prevent cellular damage through its powerful antioxidant properties.
- ▶ Combats early signs of aging by strengthening dermis and promoting healthy collagen production as well as preventing collagen degradation.

Retinol POWER Booster peels: highly concentrated retinol & lactic acid formulas meant to boost peel process. Aids in the production of collagen and elastin, dispels embedded pigment, regulates sebaceous activity, brightens skin tone, evens out texture and reduces the appearance of fine lines and wrinkles. *Always the last step of any peel process. (RETINOL POWER BOOSTERS= CASCADE RETINOL 10/10, INTENSE CASCADE 20/20)

