

BASE1 Post Care Instructions

After performing a BASE1 layered w/ Pumpkin (accelerator) ONLY is it fine to resume active products within a day or two based on skin's sensitivity level. If they are experiencing sensitivity due to a compromised barrier etc., then follow the next steps. These instructions are for BASE1 layered w/ Pumpkin (accelerator) & finished with Retinol POWER Booster and/or BASE1 treatment that caused sensitivity (as mentioned above).

Daily Skin Care (4-6 days post peel)

- Gentle Cleanser 2X per day
- Moisture Soothe Plus as needed (keep skin hydrated)
- Dermodality Hyaluronic C Ester as needed
- SunMoist SPF 30 or mineral sunblock SPF 30+

May begin using active products on day 4 (Retinols / HQ/ Vitamin C) OR when skin is no longer sensitive.

PLEASE AVOID THE FOLLOWING FOR 4+ DAYS

- Excess sun exposure. Beach, hiking, etc.
- Artificial UV tanning (always)
- Peeling, scraping, rubbing the skin
- Excessive sweating
- Active skincare products. Retinol, glycolic/ lactic/ salicylic acids etc.
- Direct heat. Hot water, sauna, spa, steam, hot yoga etc.
- Abrasive exfoliation. Scrubs, facial cleansing brushes etc.
- Chemical hair treatments
- Waxing, electrolysis/ laser hair removal/ depilatories (14+ days)
- Laser resurfacing (6 weeks)
- Injectable fillers (medical cosmetic professional approval)
- Permanent makeup (14 days)
- Unhealthy makeup (always)
- Swimming in pool/ocean

Signature: X _____

Date: _____