Dermodality Pumpkin & Multifruit Peel 30
(new and advanced paraben-free formulation)

Our industry award winning 30% AHA Pumpkin & Multi-fruit Peel has been reformulated replacing the parabens while advancing the natural enzyme value by three-fold. We also took another step to improve the synthetic pumpkin fragrance with a purely organic aroma while increasing the value of several active natural accruing ingredients. Through this process we were mindful of how products are perceived, insure the highest-level organic ingredients as possible. Our highly active antioxidants and enzymes act like alpha-hydroxy acids, but rather than just stripping the skin of unwanted materials, the Dermodality Multi Fruit-Pumpkin Peel has the benefit of replenishing the skin with organically driven and highly concentrated antioxidants, Vitamins and nutrients. With our recent reformulation we increased three times the level of bilberry providing for 85% of our multi-fruit complex and increasing the enzyme value by 300%. Our Pumpkin is loaded with important antioxidants, beta-carotene and Vitamin C. The Beta-carotene derived from plant carotenoids that cascade into Vitamin A, this conversion process allows beta carotene to perform many important functions in overall health of the skin, including many aspects of anti-aging. Clarity and skin smoothness will be seen immediately following a pumpkin peel. Other benefits of our Pumpkin Peel 30% include an increase in cell turnover, increased epidermal and dermal hydration, decreased fine lines and wrinkles while lightened pigmentation, stimulating collagen production and an immediate and noticeable tightening of the skin.

Dermodality has developed four hybrid peels designed to use underneath our Pumpkin Peel offering greater underlying peel penetration as well as the ability to provide a more prescriptive peel treatment. For example, using our 35% AHA Mandelic Peel as the underlying peel then layer our Pumpkin Peel over the top. It immediately begins to drive in the large mandelic molecule (8 carbon) allowing it to penetrate like a glycolic type sized molecule (2 carbon), offering all the anti-inflammatory, resurfacing and decongesting value exhibited in mandelic acid. Immediately you notice a great reduction of inflammation, while clarifying the skin while diminishing acne breakouts.

Benefits:
- Provides exfoliation, allows acids to penetrate clogged pores
- Assists in cell proliferation
- Bilberry Extract – vasodilation allows for better penetration
- Can be used alone or with other chemical peels
- Ideal for use with other facial treatments such as micro-dermabrasion
- May be used on back, hands, heals, and feet
**How our technology works:**

By adding our own proprietary multi-fruit complex, Dermodality Pumpkin Peel creates a natural vasodilator that will stimulate circulation thus allowing the ability to for the vitamins, nutrients, AHAs and anti-oxidants to penetrate the skin due the MFC containing more than 85% bilberry, and high percentages of beta carotene and added vitamin A. Those with sensitive skin will be able to tolerate a pumpkin peel because it is not too intrusive while we add a true Proteolytic (key metabolizing mechanism). This process allows our Dermodality Pumpkin Peel to become a multi-functional tool. Using the vasodilating force of bilberry to allow each of the key actives to penetrate deeper while also driving our hybrid further into the skin as if they maintained a smaller molecular weight. This becomes a key value because we can utilize several higher concentrated AHA’s that do not cause irritation while reducing the likes of glycolic acid percentage and gain a better result. Now you as a spa professional have control of our peels rather than the peel taking controlling of your layering treatment.

**Dermodality advancements to new Pumpkin Peel 30%**

- We removed all parabens (including those that were sustaining the pumpkin spice aroma)
- Increased the vasodilating nature of our bilberry allowing our underlying hybrid peels to penetrate deeper while providing a more targeted peel, individualizing each treatment
- Our new pumpkin peel offers much more of a corrective treatment while maintaining the treatment/facial service
- We were able to provide a better texture and application that does not dry as quickly while also making easier to remove
- The aroma balances the aromatic values of pumpkin spice, nutmeg and cinnamon that has always been enjoyed but doing it in a 100% organic way.
- Maintained an FDA & EU approval along with compliance. We are less than 1% of an industry grouping that can maintain such an honor.

**Multi-fruit active concentration**

85% Bilberry, Sugar Cane 6%, Sugar Maple 2%, Orange 3%, Lemon 4%. Once blended, the extracts are concentrated by vacuum distillation until a specified concentration of actives is achieved. The product is then filtered to eliminate any particulate matter. Multi-Fruit is a natural product that contains a wide variety of residual natural substances, such as cellulose, carbohydrates, proteins, water soluble vitamins and minerals. When the process is complete, the material contains the following concentrations of alpha hydroxy acids: Lactic Acid 20%, Glycolic Acid 10%.
At Home Pre-Peel Preparation Guide

The key to a successful peel is the peel application!

It is the responsibility of the practitioner to educate your client to follow the pre-conditioning and pre-peel skin care plan before peel treatment to reduce side effects and make the peel more effective. (see pre-conditioning treatment preparation page)

I. This can include using HQ Lightening Gel or Vitamin A Intense serum to thin the top layer of the skin, increase cell turnover, and help the peel penetrate deeper into the skin.

II. Typically, serums are discontinued at least a few days prior to the peel to prevent over-irritating the skin during the treatment.

Prescriptive Pre-Conditioning: 5-Step Home Care System

Step 1: Cleanse: Prescribe Dermodality cleanser based on client’s skin type
Step 2: Tone: Mandelic Toner or Blemish Toner
Step 3: Treat (am): Vitamin C: Intense (required) and M: Corrective (optional)
Step 3: Treat (pm): HQ Lightening Gel or Vitamin A: Intense
   *Client is required to use 1 evening Pre-Conditioning treatment serum before receiving peel
Step 4: Seal: Peptide Plus (optional cream used to seal in treatment serums)
Step 5: Protect (am): SunMoist SPF 30
Step 5: Moisturize (pm): Prescribe Dermodality moisturizer based on client’s skin type
   *Client may alternate with different moisturizers am/pm if desired

Chemical peel side effects: While everyone will experience some side effects from the peel, complications are more common among people with darker skin tones. These include: redness and swelling, peeling, stinging or burning. Rare complications include permanent darkening or lightening of the skin, scarring or infection.

Advisory:
- Do not use Pumpkin Peel with steam
- 10-minutes maximum on skin
- Spot test before applying (to ensure there is not a skin reaction)
- Note: Pumpkin Peel is NEVER to be used on clients who suffer from rosacea due to the Bilberry extract causing the internal heat from the vaso-dialation. For Rosacea clients, Mandelic Peel is the only peel, by itself, to use.
Pumpkin & Multifruit Peel Protocol

Pre-Peel Procedure: Prepare the Skin

1. Secure hair off the face and remove contact lenses.
2. Thoroughly cleanse the skin using Dermodality Mandelic Green Tea Cleanser to remove any residual skin debris, make-up and surface oils.
3. After cleansing face well, then prep with Dermodality Pre-Chemical Solution Pads, wipe the face several times then fan skin until dry.
4. Using a small cotton-tipped applicator, apply petrolatum lightly to any cuts or abrasions and other areas in which the peel solution may pool to protect these areas during the peel procedure.
5. Place a fan about two feet from the client’s face to help keep the skin cool and reduce discomfort during the peel procedure.

*If using Microdermabrasion: Begin one pass only (light to medium setting) around the forehead, chin, cheeks finally below the orbital bone.

Pumpkin Peel 30% - 3.2 pH, 10% Glycolic Acid, 20% Lactic Acid

1. Measure 1 tablespoon of Pumpkin Peel 30%
2. Apply Pumpkin Peel 30% with fan brush starting with the thicker areas of the face. Proceed in the following order: Forehead, chin, facial perimeter, cheeks, nose, temples and around eyes area.
3. Place a fan about two feet from the client’s face to help keep the skin cool and reduce discomfort during the peel procedure.
4. Leave on the face for 10 minutes or if erythema (redness) appears then remove.
5. Remove product with cool towel until clean. Note that there is No Noticeable Erythema. If stinging occurs, use cold compresses until stinging subsides.
6. Fan skin until dry.
7. Apply Moisture Soothe Plus (if needed) followed by SunMoist SPF 30.
Pure Mandelic 25% AHA Layered with Dermodality Skin Solutions Pumpkin Peel 30

Pre-Peel Procedure: Prepare the skin
(see previous protocol)

Layer 1: Mandelic 25% AHA Peel

1. Measure 1cc of Dermodality Mandelic Peel and Pour into a small glass bowl.
2. Apply Dermodality Mandelic Peel with fan brush starting with the thicker areas of the skin first. Proceed in the following order: Forehead, chin, facial perimeter, cheeks, nose and around the eyes.
3. Place a fan about two feet from the client’s face to help keep the skin cool and reduce discomfort if needed for 2 minutes.
4. Leave on the face and allow to absorb into the skin unless erythema (redness) occurs then follow step #5
5. If there is No Noticeable Erythema you may continue to the second layer (Pumpkin Peel 30% AHA). If there is stinging use cool compresses until stinging subsides. You no longer can layer at this point.
6. Fan skin until dry.

Layer 2: Pumpkin & Multifruit Peel 30

7. Measure 1 tablespoon of Pumpkin Peel 30.
8. Apply Pumpkin Peel 30 with fan brush starting with the thicker areas of the skin first. Proceed in the following order: Forehead, chin, facial perimeter, cheeks, nose and around the eyes.
9. Place a fan about two feet from the client’s face to help keep the skin cool and reduce discomfort during the treatment procedure.
10. Leave on the face for 5-7 minutes or until erythema (redness) occurs.
11. Remove product with cool water wash cloth several times until clean making sure that there is No noticeable Erythema. If stinging use cold compresses until stinging subsides.
12. Fan skin until dry then wait 10 minutes.
Intensive Brightening Peel Layered with Dermodality Skin Solutions Pumpkin Peel 30

**Pre-Peel Procedure:** Prepare the skin
*(see previous protocol)*

**Layer 1:** Intensive Brightening Peel AHA’s 45% Plus - 3.0 pH
Kojic, Mandelic, Glycolic, Salicylic, L-ascorbic Acids

1. Measure 1cc of *Intensive Brightening Peel AHA’s 45% Plus* into a small glass bowl.
2. Apply *Intensive Brightening Peel AHA’s 45% Plus* with fan brush or applicator starting with the thicker areas of the skin. Proceed in the following order: Forehead, chin, facial perimeter, cheeks, nose, temple and around eyes.
3. Place a fan about two feet from the client’s face to cool skin and reduce discomfort during the peel procedure.
4. Allow *Intensive Brightening Peel AHA’s 45% Plus* to absorb into the skin *unless erythema (redness) occurs*. If redness occurs, proceed to step #5.
5. If no redness or stinging occurs, fan skin for 5 minutes and proceed to application of Pumpkin Peel 30%.

**Layer 2:** Pumpkin & Multifruit Peel 30

1. Measure 1 tablespoon of *Pumpkin Peel 30%*.
2. Apply Pumpkin Peel 30% with fan brush or applicator beginning with the thicker areas of the face. Proceed in the following order: Forehead, chin, facial perimeter, cheeks, nose, temple and around the eyes.
3. Place a fan approximately two feet from the client’s face to cool skin and reduce discomfort during the peel procedure.
4. Leave *Intensive Brightening Peel AHA’s 45% Plus & Pumpkin Peel 30%* on the face for 10 minutes or remove if erythema (redness) occurs.
5. Remove both Peels with cool damp cloths. Repeat several times until clean. Note that there is No Noticeable Erythema. If stinging occurs, use cool compresses until stinging subsides.
6. Fan skin until dry.
7. Apply Moisture Soothe Plus (if needed), followed by SunMoist SPF 30.
C: Vitality Peel Layered with Dermodality Skin Solutions Pumpkin Peel 30

Pre-Peel Procedure: Prepare the skin
(see previous protocol)

Layer 1: C: Vitality Peel 25% AHA – 3.0pH
10% Glycolic Acid, 15% Lactic, 17% L-ascorbic acids

1. Measure 1cc of C: Vitality Peel 25% AHA into a small glass bowl.
2. Apply C: Vitality Peel 25% AHA with fan brush starting with the thicker areas of the skin first. Proceed in the following order: Forehead, chin, facial perimeter, cheeks, nose, temples and around eyes.
3. Place a fan about two feet from the client’s face to cool skin and reduce discomfort during the peel Procedure.
4. Allow C: Vitality Peel 25% AHA to absorb into the skin unless erythema (redness) occurs. If redness occurs, proceed to step #5.
5. If no redness or stinging occurs, fan skin for 5 minutes and proceed to application of Pumpkin Peel 30%.

Layer 2: Pumpkin & Multifruit Peel 30

1. Measure 1 tablespoon of Pumpkin Peel 30%.
2. Apply Pumpkin Peel 30% with fan brush or applicator beginning with the thicker areas of the face. Proceed in the following order: Forehead, chin, facial perimeter, cheeks, nose, temple and around the eyes.
3. Place a fan approximately two feet from the client’s face to cool skin and reduce discomfort during the peel procedure.
4. Leave C: Vitality Peel 25% AHA & Pumpkin Peel 30% on the face for 10 minutes or remove if erythema (redness) occurs.
5. Remove Peels with cool damp cloths. Repeat several times until clean. Note that there is No Noticeable Erythema. If stinging occurs, use cool compresses until stinging subsides.
6. Fan skin until dry.
7. Apply Moisture Soothe Plus (if needed) followed by SunMoist SPF 30.
Pumpkin Peel 30 Layered with Dermodality Retinol 15/15 “Long Island Iced Tea”

*This is not a peel for first time client

*Pumpkin Peel is utilized differently for Level 2/3 peels: it would be the first layer applied to the skin, then removed after 8 minutes (max), followed by the chosen top Layered Retinol.

**Cause & Effect:**
Minimal to No Inflammatory Effect

**Pre-Peel Procedure:** Prepare the skin
*(see previous protocol)*

Layer 1: Pumpkin Peel 30
*(Follow previous protocol Pumpkin Peel 30)*

Layer 2: Retinol 15/15 “Long Island Iced Tea” Peel

1. In a clear glass dish, pour 2cc’s (4-5 pumps = approx. 2cc) of Retinol 15-15
2. Apply Pre Chemical Solution Prep Pads over entire face
3. With a fan brush, gloved hand or 4 x 4 non-woven gauze pad apply product.
4. Fan skin and wait 5 to 10 minutes
5. Apply 2nd application, add an additional 2cc’s of Retinol 15-15 (total of 4cc’s).
6. Dry with fan, wait 10 minutes
7. Blot with fan, wait 10 minutes
8. If sensitivity or elevated erythema (redness), apply cool (compresses) until redness subsides
10. Apply SunMoist SPF 30
11. Client will wash off solution at home in 3-5 hours or before bedtime.

**DO NOT SLEEP WITH CHEMICAL**

All the activity will not go away. The skin will remain warm for couple hours, which is normal

**Note:** Your skin may be sensitive for up to 10 days, in this case follow post care until sensitive